

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Tieghem Kristof

Coaches: Debeuckelaere Sindy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 100M BACKSTROKE MEN Heat:7, starttime: 09:20

Heat: 7/7 Lane : 6 Athlete: DE CRAEMER CAS Q-time: 00:58:15

PB (25m pool): 58.15 Ettelbruck (LUX 19 Apr 2025 PB (50m pool): 1:00.13 SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.61		58.15	
		28.61		29.54	
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN Heat:2, starttime: 09:20

Heat: 2/5 Lane : 5 Athlete: EECKHOUT FLEUR Q-time: 00:34:69

PB (25m pool): 34.49 Diksmuide 12 Oct 2025 PB (50m pool): 35.23 SB:

	2 5 M	5 0 M	
PB		34.49	
		34.49	
			

Coach feedback:

Event number: 34: 200M BACKSTROKE WOMEN Heat:3, starttime: 09:45

Heat: 3/4 Lane : 7 Athlete: MIGOM LOBKE Q-time: 02:22:96

PB (25m pool): 2:22.96 Ettelbruck (LUX 19 Apr 2025 PB (50m pool): 2:30.74 SB:

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		34.00		1:09.60		1:46.56		2:22.96
		34.00		35.60		36.96		36.40
								

Coach feedback:

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Event number: 38: 100M FREESTYLE WOMEN					Heat:3, starttime: 10:25
Heat: 3/8 Lane : 3 Athlete: MIGOM LOBKE				Q-time: 00:59:49	
PB (25m pool): 59.49 Diksmuide 29 Dec 2024 PB (50m pool): 1:01.71 SB:					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.90		59.49	
	28.90		30.59		
					

Coach feedback: